

# Helm

## My Passenger

Worldwide release on 2012-06-18

Substream sub9956  
(EAN: 0084854201103)



## Now

Following last year's 'Bitter EP', Helm is back with a sharp new two-track single. In classic 7" fashion, the single is paired only with an original B-side track; both beautiful songs, crafted in the 'Helm' sound. Don't miss the music video, a magical stop-motion piece of art by Josefin Rytzler.

## Soon

The band members are currently working on the full length album "French kissing", scheduled for release in Q4 2012. The album will carry the familiar Helm sound, i.e. a kind of low-key electro-trip-hop-synthie-grunge. Some critics have identified the sound of Helm as a "NiN in slow motion but with a better vocalist".

## Before

Helm was officially founded in Eskilstuna (Sweden) by Lars Netzel, Peter Marchione and Michael Strandtoft. This trio, however, was actually making music before Helm under various names and with other people involved. Ulrika Palmström was first hired to put some additional vocals on some tracks but since she made such a great job she was quickly asked (forced?) to join as well. Peter ran into Arash Maghdori during his university studies. Today, the members of Helm are living in Gothenburg and Eskilstuna.

While constantly creating new own material Helm also put quite some effort into remixing other artists. The band has created remixes for artists of different genres like Lamb, Nun, Auto-Auto, Emrik, Strip Music, Mr Jones Machine, Emmon and Olle Ljungström.

Members of Helm have also been involved in other musical projects such as Thermostatic, mymessedupmind, Light Parade, Leftovers INC, My Observer, Let's Head South.



## Live

Helm is not a very frequent live act but the band performs occasionally. Shortly after the release of their previous single 'Bitter' they performed at the legendary 'Sticky Fingers' rock club in Gothenburg, Sweden.

Listen to the single <http://soundcloud.com/substream-label>

Free mp3 share the link for a free copy of the 3:10 radio edit of the track:

<http://helm-mypassenger.viinyl.com>

Watch the music video [http://youtu.be/0zd3ue\\_OY8Y](http://youtu.be/0zd3ue_OY8Y)

Press kit <http://helm-music.com/press> Info <http://www.helm-music.com>

Contact for questions, interviews, features, promo for review [press@substream.se](mailto:press@substream.se)



Live show on 'Sticky Fingers', Gothenburg, 10/2010. Photo: Fredrik "Schlatta" Svensson: recoverart.com